## MWMAF Judging Certification Test



- Part 1 Open Hand Forms/Weapon Forms
  - 1. If a Novice Competitors performance reflects a solid beginner skill level, where should he/she be scored at?
    - A. Low 7s
    - B. Mid 7s
    - C. Upper 7s
    - D. Low 8s
  - 2. The best score a Beginner competitor can receive, after a restart, even if the performance is at a solid Intermediate skill level:
    - A. Low 8s
    - B. Mid to upper 8s
    - C. Upper 7s
    - D. Low 7s
  - 3. There are no time limits on any open hand forms.
    - A. True
    - B. False
  - 4. In order to set a base for scores in each division, how many competitors should perform before scores are given?
    - A. 1
    - B. 2
    - C. 3
    - D. It depends on what the judges agree upon
  - 5. An Advanced student has no power in his/her strikes, hand techniques are loose, but does 2 back flips, and yells loud. What is the highest score he/she should receive?
    - A. Low 9s
    - B. Mid 8s
    - C. Upper 8s
  - 6. If an Intermediate Competitor performance reflects an advanced skill level, where should he/she be scored at?
    - A. Upper 7s
    - B. Low 8s
    - C. Mid to upper 8s
    - D. Low 9s
  - 7. Who can restart a form due to forgetfulness without incurring a .5 deduction from the final score?
    - A. All Kids
    - B. Novice/Beginners at any age
    - C. Intermediate
    - D. Advanced/Black Belt

- 8. All weapons must be inspected by the Center Judge.
  - A. True
  - B. False
- 9. A Black Belt Competitor is performing a Beginner/Intermediate Form. The highest score he/she should receive is:
  - A. Low 8s
  - B. Low 9s
  - C. Mid to Upper 9s
  - D. Mid 8s
- 10. The main consideration of all judges for weapons form should be what?
  - A. The overall presentation of the material
  - B. Proper stances and strikes
  - C. Timing, fluid handling of the weapon, and equal precision of both sides of the body
  - D. The quality of kicks and footwork
- 11. When judging Open Hand/Weapons form, where does your base score range come from?
  - A. Stances, Hand, Kick, Weapon Technique
  - B. Power, Speed, Fluidity
  - C. Focus and Spirit
  - D. Skill Level according to division
- 12. A competitor (in Forms) will receive a deduction if the FORM begins and ends in a different quadrant on the competition floor unless the competitor informs the Chief Judge before beginning.
  - A. True
  - B. False
- 13. A competitor may wear a school T-shirt and pants/shorts to compete in forms/weapons.
  - A. True
  - B. False
- 14. All competitors should enter from the right side that faces the Chief Judge.
  - A. True
    - B. False
- 15. All competitors should present themselves to the Chief judge vocally.
  - A. True
  - B. False
- 16. A Black Belt, age 12 executes and amazing sword form and towards the end he drops the weapon. What is the highest score he should receive?
  - A. Nothing, it is a disqualification
  - B. Low 9s
  - C. Mid 8s
  - D. Low 8s

- 17. Black Belt ages 16 & 17 executes a clean form, precise, good timing, and you could feel the power in your seat but the form is extremely simple and short. What is the highest score the competitor should receive?
  - A. Low 8s
  - B. Mid 8s
  - C. Upper 8s
  - D. Low 9s
- 18. Intermediate, age 14 gives an adequate performance. Stances, strikes, and use of weapon appear to skill level. Doesn't seem to show spirit and focus. What is the scoring range?
  - A. Mid 7s
  - B. Upper 7s
  - C. Low 8s
  - D. Mid to upper 8s
- 19. A parent of a competitor approaches and demand to know why their child didn't get first place. After you give an explanation the parent is obviously still not happy. What do you do?
  - A. Pawn the parent onto another judge
  - B. Tell the parent sorry everyone can't be a winner
  - C. Politely take the parent to the Arbitrator to address any unrest

Please view each video, score, and give a brief explanation to the competitor of why you gave them that score and how they could improve.

20. Video 1 – Beginner Hand Form Ages 10-12 (Tai Zu Chang Quan – Shaolin)

Judges Score:

Explanation: \_\_\_\_\_\_

21. Video 2 – Black Belt Hand Forms Ages 16 & 17 (2017 Auvenshires TKD)

Judges Score:

Explanation: \_\_\_\_\_\_

22. Video 3 – Black Belt Hand Forms Ages 36+ Karate (Jacob Kahan Traditional Kata 2017)

Judges Score:

Explanation: \_\_\_\_\_

23. Video 4 – Beg Long Weapons Ages 10-12 (Shaolin Gun)
Judges Score:
Explanation:
24. Video 5 – Black Belt Ages 18-35 Long Weapon Karate (USSD Martial Arts San Clemente)
Judges Score:
Explanation:
<ul> <li>25. The following 2 Competitors (Videos) will be competing against each other. Please score accordingly. One will receive 1<sup>st</sup> place and the other 2<sup>nd</sup> place.</li> <li>A. Video 6 – Black Belt Ages 13-25 Short Weapon Karate (Summer Grand Championship Tour 2011)</li> </ul>
Judges Score:
Explanation:
B. Video 7 – Black Belt Ages 13-35 Short Weapon TKD (ATA World Champion 2011)
Judges Score:
Explanation:

- Part 4 Light Contact Sparring
  - 26. Head protection, Mouth guard, groin cup, Chest protector, Foam gloves with no exposed fingers, and foam foot protectors that cover the entire foot are required by all competitors. Shin guards are optional.
    - A. True
    - B. False
  - 27. Matches consist of three two-minute rounds and you stop after each point is scored.
    - A. True
    - B. False
  - 28. Points are given for light contact to all strike zones except:
    - A. Front and side of torso
    - B. Face, side, and top of head
    - C. Upper thigh
    - D. Leg sweeps to both the front and back of leg
  - 29. All techniques are illegal except:
    - A. Leg sweeps to both the front and back of leg
    - B. Elbows/ Knees
    - C. Joint locking
    - D. Striking any area on the back (unless opponent turns into it)
  - 30. I strike my opponent in a legal target with reasonable control but they begin to bleed. This results in my automatic disqualification?
    - A. True
    - B. False
  - 31. A competitor is being mouthy and throws his/her gear after loosing the first round. When the next round comes up he/she is still trash talking. What should you do?
    - A. Remind the competitor that he/she needs to get ahold of him/herself
    - B. Tell the Arbitrator
    - C. Disqualify him/her
  - 32. How many warnings does a competitor receive before they are disqualified?
    - A. 1
    - B. 2
    - C. 3
  - 33. A competitor forgets his cup but wants to compete anyway. Since he is over 18yrs old, it is acceptable to allow him to compete.
    - A. True
    - B. False
  - 34. A competitor clenches opponent and then strikes in the torso. You are allowed to give points for each light contact hit while in the clench.
    - A. True
    - B. False

Part 5 – SanDa (Chinese Kickboxing)

- 35. Each bout consists of three, three-minute rounds with 1-minute rest period between rounds.
  - A. True
  - B. False
- 36. Each technique below is worth one point except:
  - A. Throws, Sweeps, Takedowns
  - B. Medium level kicking to side of head, body, and thighs
  - C. Medium level closed hand strikes to body, face, and side of head gear
  - D. Medium level knees and elbows to the body
- 37. How many points does a competitor receive for knocking opponent out of the ring?
  - A. 2 points
  - B. 3 points
  - C. Deduction of 1 point
- 38. If a competitor knocks his opponent down and then falls him/herself, how many points are awarded?
  - A. None, they both ended up on the ground
  - B. 1 point to the competitor that first knocked the opponent down.
  - C. 2 points to the competitor that first knocked the opponent down.
- 39. An opponent falls to the grown while the other fighter remains standing. How many points are awarded to the competitor whom is still standing?
  - A. None, the opponent fell
  - B. 2 points to the standing competitor
  - C. 3 points to the standing competitor
- 40. You issue 1 point as long as the competitor makes contact with a target zone?
  - A. True
  - B. False
- 41. If a fighter wins 2 rounds in a row, the match is over unless it is for first and second place.
  - A. True
  - B. False
- 42. If a match is tied after the first three rounds there will be an additional round and the first person to score wins.
  - A. True
  - B. False
- 43. Shin and Instep protectors are required to compete.
  - A. True
  - B. False
- 44. Clinches are allowed when attempting a throw or takedown and is limited to 10 seconds.
  - A. True
  - B. False

- 45. It's obvious the competitor is making contact so you give a point even though you can't see any clear technique.
  - A. True
  - B. False
- 46. It is permitted to continue to strike at all legal targets when an opponent is down.
  - A. True
  - B. False
- 47. An opponent may pile drive into another opponent to push him/her out of the ring.
  - A. True
  - B. False

## **General Questions**

- 48. All competitors must be a member of a formal school in order to compete.
  - A. True
  - B. False
- 49. How long have you been a member of the Federation?
- 50. How does it benefit you to become a certified judge and what do you believe is the most important thing a competitor should receive out of a competition?

Name:		_
School/Style: _		
Date:	Score:	_